

AYEC YOUTH LEADER TRAINING 2018 OUTLINE

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INTRODUCTION

Overview

Each year, 10 past Campers between the ages of 16 and 18 have the chance to attend a 2.5-day training session and return to camp as volunteers called Youth Leaders. These young adults have gone on to further develop their leadership skills with many volunteering in their local communities, attending leadership conferences and even returning to the camp as adult volunteers. Some have even worked to implement this leadership training with the peers. This training further develops management, leadership and communication skills. They will participate in team building and get to familiarize themselves with their roles and responsibilities for camp. As a Youth Leader, they will assist the Campers with their business plans and help lead the recreation activities.

Content

The AVEC Leader Training Guide was compiled in partnership with the Community Development Unit of Alberta Culture and Tourism. The contents are intended for use with the Rotary Youth Entrepreneurship Camp to assist the facilitators / trainers leading the process.

TRAINING OUTCOMES

At the end of the training, participants will have *increased confidence and ability to:*

1. Explore leadership as a personal journey. Youth leaders will intensify their self-understanding of leadership so that they can employ their individual and unique strengths as a leader.
2. Utilize conflict resolution, observation of group dynamics, and coaching to communicate effectively with AVEC campers.
3. Demonstrate appreciative coaching techniques to support and mentor individual AVEC campers through the AVEC experience.
4. Support and mentor their AVEC camper team to be the most successful they can be.
5. Be a contributing member of the AVEC Youth Leader team and take interest in the team being the most supportive and effective that it can be.
6. Define their personal understanding of leadership and how they will apply leadership skills as a Youth Leader.
7. Support healthy group dynamics for their AVEC camper team and their Youth Leader team and assume an active role in supporting campers and Youth Leaders resolve disagreements and conflict.

2018 TRAINING OUTLINE

TRAINING AT A GLANCE

DAY 1 – THURSDAY

Theme	Exploring Leadership – Leadership is personal
Guiding Questions	What is your conception of Leadership? How do you define leadership? What are my leadership strengths? What kind of leader do I want to become?
Learning Topics	1. Leadership as Self
Schedule	8:30 Arrival 8:45 Training (Topic 1) 10:15 Break 10:30 Training (Topic 1) 12:00 Lunch 12:45 Training (Topic 1) 3:30 Break 5:00 End

DAY 2 – FRIDAY

Theme	Exploring Leadership – Leadership is relational
Guiding Questions	How can I best support my individual campers when they need it? How can I influence my camper team to be their best?
Learning Topics	2. Coaching 3. Group Dynamics 4. Supporting Conflict
Schedule	8:30 Arrival 8:45 Training – Learning Topic 2/3/4 5:00 End

DAY 3 – SATURDAY

Theme	Exploring leadership – Leadership is directional
Guiding Questions	How can I apply my understanding of leadership and group dynamics in my situation as a Youth Leader at AYEC? What can we do to be the best Youth Leader team we can be? How can I support other Youth Leaders to be their best? What support do I need from my team to be the best Youth Leader I can be?
Schedule	8:30 Arrival 9:00 Training Arrival 12:00 End